



Internal JOB POSTING



Posting Date:	October 22, 2026
Closing Date:	November 4, 2026
Requisition ID:	2049
Title:	Supervisor, Biological Health
Branch:	People & Culture
Service:	Wellness
Bureau:	People, Wellness & Talent
Salary:	\$120,105 - \$126,132 (Band 8)
Status:	Regular, Full-Time
Openings:	One (1) permanent position
Vacancy Type:	This job has been posted to fill a current vacancy
Location:	YRPA Wellness Building

Position Purpose

The purpose of this position is to design, implement, and maintain the strategic and operational plan for the Biological Health Unit. This entails managing the day-to-day operations of two direct reports (Physical Exercise Specialists), managing contract staff, the budget for the Unit, creation and delivery of programming relating to all domains of biological health and serving as one member of the leadership group of the Wellness Bureau to assist with the delivery of YRP's holistic wellness strategy.

Major Duties & Responsibilities

Research, plan and develop best practices and strategies for the biological wellness and fitness programs.

Supervise and develop the operational and capital budgets for the unit.

Develop and administer fitness/wellness surveys, analyzing and interpreting results, preparing reports/statistical data.

Develop and implement courses monitoring fitness and wellness programs to provide training for the YRP membership on various topics identifying strategy modifications for outcome requirements.

Provide input into the creation and revision of policies and procedures relating to physical health.

Research and develop best practices and strategies for wellness trends that focus on behaviour modification and improve health outcomes relating to police physical fitness and wellness.

Supervise day to day operations of two physical exercise specialists as well as contract nutritionist and other contracted extended health providers.

Assist physical exercise specialists with organizing and administering employment related physical fitness assessments/testing to ensure policing standards are met for various positions.

Liaise with other fitness and wellness coordinators from other police services regarding programs and courses to be a resource on biological related issues.

Assist physical exercise specialists with organizing and administering pre- and post-employment physical fitness assessments for sworn and civilian positions ensuring candidates/members meet required standards.

Oversee and train qualified members on the administration of a variety of fitness tests (Ontario Police Fitness Award, Court Security Applicant test).

Design and assist with instruction of physical fitness classes in conjunction with course provided at OPC and YRP Training and Education Bureau to both large and small groups.

Actively review status and needs for fitness equipment across all YRP locations and manage purchases/repairs with vendors.

Oversee fitness club discounts by developing contracts and advertisement.
Provide advice and guidance to members on all aspects of nutrition, sleep, rehabilitation, recovery, and exercise science.
Present, teach and/or lecture on wellness and fitness programs to members throughout the region.
Design, develop, maintain, and hold legislated accountability for the records management system in use by Bio Health Unit and the protection of members protected health information therein.
This position description is intended to describe the general level and nature of the position, and is not intended to represent an exhaustive list of all tasks assigned in the performance of this position.

Education, Licensing & Certifications

Successful completion of a Master's Degree in Kinesiology, Science in Kinesiology, Physical Therapy or in a related field.

Certified Clinical Exercise Physiologist (CSEP-CEP) OR Certified Personal Trainer (CSEP-CPT) with High-Performance Specialization in good standing with the Canadian Society for Exercise Physiology (CSEP) and/or Registered Kinesiologist (R.Kin.) with the College of Kinesiologists of Ontario(COKO). First Aid/CPR Certification required.

Experience

Minimum of four (4) years of previous experience working as a Certified Clinical Exercise Physiologist and/or as a Registered Kinesiologist or in a related role within the qualified exercise professional industry.

Skills

Passing of the Ontario Police Fitness Award (PIN Test) is required upon hiring.

Valid Class G Driver's License.

Exercise Prescription & Programming Skills.

Ontario Police Fitness Award Appraiser Certification.

Data Management and Record Keeping with Microsoft Applications.

Oral and Written Communication Skills.

Budget Management.

Strong Leadership skills.

How To Apply

Members must submit their application directly to the posting on the Careers section through the SuccessFactors Dashboard by the closing date in order to be considered for this opportunity as an internal applicant.

Please include a personal email address on your resume to ensure you receive all notifications regarding the recruitment process.

Questions regarding this position should be directed to Kristine Ockwell #5791, Supervisor – Civilian Recruiting Unit.

York Regional Police has implemented a Hybrid Remote Work option that is offered to various positions in the organization. Further detail can be discussed during the recruitment process.

Please note this is an internal job posting, no external applications will be considered at this time. In accordance with Article 35 of the Civilian Working Agreement, all resumes must be received by the closing date. Resumes received after this date will be considered external candidates.

York Regional Police is committed to fairness and equity in our recruitment and selection process, and in building and retaining a talented and diverse workforce representative of the community we serve. All York Regional Police employment policies and procedures are intended to be non-discriminatory and barrier-free, in accordance with the Accessibility for Ontarians with Disabilities Act, 2005.

Accommodations for applicants with disabilities are available upon request during recruitment processes and throughout employment. Should you require an accommodation during the recruitment and selection process, including accessible formats and communication supports, please contact talent@yrp.ca.

VISION-INSPIRED

MISSION-FOCUSED

VALUES-DRIVEN

